

Outdoor Club Sample Curriculum

Month	September	October	November	December	January	February	March	April	May	June
Goal	RECRUIT & TRAIN LEADERS	GETTING STARTED	GIVING BACK	WELCOMING WINTER	LEARNING NEW SKILLS	STAYING ACTIVE OUTDOORS	LOOKING AHEAD	OUTDOOR AWARENESS	CELEBRATING ACCOMPLISHMENTS	PASSING THE BATON
Club Meeting Topics/Logistics	Register your outing club with Teens to Trails	talk about inclusion, goals, club norms, develop a club song, mascot or motto	Ways the club can contribute to the local community	Learning to dress for cold weather	learn about tracking and wildlife in winter, talk about footprints	learn how to safely build a fire and cook on it	Work on planning some fun spring outings	Leave no trace lesson	Celebrating the year and electing new student leaders	Planning ahead and introducing the new club leadership
	Put posters around school, recruit members	Encourage returning club members to act as ambassadors for new members	Reach out to local landtrusts and environmental organizations to see how you can help	Learn about winter specific risks-hypothermia, wind chill	Learn how to use snowshoes	Come up with campfire recipes	talk about shelter building	integrate LNT into outings-travel on durable surfaces	Gear inventory; what do you need for the next year?	review the year, give feedback, address necessary changes
	Participate in Activity/Club Fair	Design a nearby easy outing for all club members or those who want to give it a try to do before the October Rendezvous	Thanksgiving food drive	Preventing hypothermia	Talk about winter shelters	Talk about winter outdoor activities and the devices necessary for safe recreation in the winter	make plans to do spring clean up	surviving mud season		
	Play video & audio pitch during school announcements	Develop land acknowledgement, educate about tribal lands								
	Club meeting to inventory gear and plan any necessary repairs	Practice trip planning, risk assessment/management								
	Confirm or Choose Student Leaders	Practice setting up overnight gear								
Entry Level Outing	Start with a splash - white water rafting at AdventureBound	Land trust trail, beach walk, apple picking	Meet with your local land trust for a guided hike, get to know the trails in your community	outdoor social gathering near/on campus: full moon rise, solstice candle light	Snowshoe a local trail and look for wildlife tracks, ideally at the same land trust	Snowshoe or Cross Country Ski on a local course	Introduction to map & compass skills	Do a puddlewalk	Summiting a local mountain	Have an outdoor picnic celebration
	Walk on local trails	pick pumpkins and carve outdoors	a community service project: trail cleaning, assist local land trust, harvest at a local farm, pick pumpkins and carve outdoors	Activity to welcome the darkness		Snowman building	Animal tracking	Spring clean up	Go to somewhere with water	Beach day
		Costume hike				XC skiing 101				
Skills Based Outing	Team building activities	Stoves and camp menu planning	Weather and forecasting	Personal Care in the Outdoors	build survival shelters in the woods near campus	Fire building in the snow	Shelter building	Knot and tarping practice	Practice packing a pack	Have a gear repair, inventory, and storage day
	Gear demo day	Set up a camp kitchen		campfire cooking 101		campfire cooking - baking	Do orienteering at your school or in a local conservation area		Team building day	Canoe day trip
Challenging Outing	Kayaking or canoeing	Summit a mountain with a great view of the Fall foliage	watch the moonrise from a stunning location	Snowshoeing 101	Snowshoe to a place with a view	Find a place to go ice skating	Go on a microspike ice hike	Summit a 1000 foot climb	Summit two mountains in one day	Share a meal at a place with a great view
		Go on an overnight	Have a bonfire	Indoor rock climbing	Cross Country Ski	Snowshoe a local snow covered summit				
Teens to Trails Programs	Outdoor Leadership Conference	October Rendezvous			Winter Outdoors Series	Winter Outdoors Series	Wilderness First Aid	Accessibility in the Outdoors Conference	Adventure Bound WW Rafting	
Club Benefits Programs		Fall Trip Lottery Donated Gear list circulated for requests	Grants to Clubs	Grants to Clubs		Spring Trip Lottery	Spring Trip Lottery			
Student Opportunities		Youth Advisory Council Applications Due			Sara's Scholarship	Sara's Scholarship				

