



Suggested Advisor Packing List

Adventure Bound Camping and Rafting Weekend

May 12-14th

Camping Considerations:

- The camping is dispersed between two large fields.
- There are no fire rings or picnic tables designated for each outdoor club.
- There will be a communal large fire pit and picnic tables away from the camping areas that can be used.
- Drinking water will be available all weekend.

Whitewater Rafting Considerations:

- Adventure Bound will provide every student with a life jacket, wetsuit, booties, helmet, and paddle.
- If you have a *small* [dry bag](#), we recommend bringing it for an extra layer (raincoat) and snacks. Make sure to seal it properly- if you don't know- ask! You can clip the dry bag to the raft.
- Phones will get wet. Don't plan to bring it.
- If you want to bring a water bottle rafting- bring a carabiner to attach it to the raft.
- If you have glasses, be sure to have [croakies](#) or some way to attach them to you. There's a chance you may lose them if you fall in.
- Some life jackets will have pockets (not waterproof).
- We recommend a towel and a warm change of clothes for after rafting.

Personal Gear:

Clothing:

- 1-2 synthetic long sleeve shirts (Polyester, Capilene, etc.)
- 1-2 t-shirts, synthetic
- 1 Fleece sweatshirt or sweater
- 1 rain jacket
- Down or insulated jacket
- Swim shirt or suit
- 1 pair of synthetic long underwear or leggings
- 2 pairs of underwear
- 1 pair of warm pants or casual sweatpants to wear around the fire
- 1 pair of shorts

Head:

- 1 warm hat
- 1 hat for sun protection

Feet:

- 2 pairs hiking socks (synthetic or wool)
- Hiking boots/athletic sneakers
- River shoes or sandals

Hands:

- 1 pair of gloves

Sleep System:

- Tent
- **Sleeping bag (synthetic or down-filled bag rated to 20 degrees F)**
- Sleeping pad
- Pillow
- Breathable clothing for sleeping

Other:

- Refillable water bottle
- Personal toiletries
- Towel
- Dry Bag (for rafting)

Group Gear:

- Campfire cook stove and propane
- Packable table for food prep, cooking or eating from
- Cooking utensils
- Popup tent / Tarp with rope (in case it rains, your group will have a dry meeting space)
- Camp Chairs
- Plates/Bowls/Utensils
- Knife/Cutting board
- Pots/Pans
- Paper towels/napkins
- Large water container for cooking
- Refillable water bottle
- Small flashlight or headlamp with NEW and spare batteries.
- Waterproof matches/ lighter

Additional Leader Items:

- **First aid kit**
- **Extra clothing**-- warm hat, mittens, long underwear, etc. (for participants or emergency situation)
- Copy of itinerary (with emergency phone numbers) - leave a copy behind
- Copies of ALL medical forms of participants - leave copies behind
- Large garbage bag
- Hand warmers

- Repair equipment (appropriate to the equipment on the trip): stove kit, extra cord, duct tape, needles, strong thread/fishing line.
- Pen/paper
- Vehicle keys
- Cell phone

Food (Sunday lunch is provided):

- Snacks (ex. granola bars, trail mix, grab-and-go)
- Dinner Friday
- Breakfast, Lunch and Dinner Saturday
- Quick/Easy Breakfast Sunday
- S'more Competition Materials (we will provide the basics)